# Meridian Medicine Registration Form Today's date:

			PA	TIENT	IN	FORMATION	,			
Patient's last name:	First Nar	Preferred Name:		MI:		irth: □ M □ F ferred Gender:				
Is patient a minor?  ☐ Yes ☐ No	If Yes, who is legal guardian/parent responsi					le for him/her?	Date of Birt	h Age:	Preferred Pronoun	
Emergency Contact N	lame:			Relation	nship	):		Phone:		
Preferred Pharmacy				Address	6:			Phone:		
			CO	NTACT	IN	<b>FORMATION</b>				
Address:				Home Phon			Home Phone	e: Leave messages/test results here		
City:		State:			Zip (	Code:	Mobile Phone	e:□ Leave me	ssages/test results here	
Occupation:			Empl	oyer/Sch	ool:		Work Phone:			
Email:						May we add you	to our QUART	ERLY newsle	tter? Yes No	
Chose clinic because,	Referred to clinic	oy (please	check	one box	():	□ Dr.				
☐ Family ☐ Event	(Name):		□ Sig	☐ Sign/location ☐ Yellow Pages		☐ Internet (	☐ Internet (Which Site?):			
☐ Family/Friend/Co-	Worker/Other (Nar	ne):								
			TNS	IIRANC	Έī	NFORMATION				
						ppy your card)				
Insurance Carrier Na Policy Number: Insurance Policy Holo Address: Phone:	-	Seico, etc.	)							
riione.										
			ACC	CIDENT	II	NFORMATION				
Type of Accident	☐ Automobile		k-Rela				(please indicat	te):		
Have you reported th						n have you report				
			it rela	<b>ted</b> , plea	ase o	complete <b>Persona</b>	l Injury Que	stionnaire		
If work related, ple	ase complete the f	ollowing:					<u> </u>			
Employer:	Employer: Da			Date of injury: Claim # (if o		Claim # (if cl	laim is open):			
INJURIES / SURGERIES										
PLEASE COMPLETE THE FOLLOWING WITH AN APPROXIMATE DATE AND A BRIEF DESCRIPTION.										
Falls / Head Inju		THE FOLL	OAATIA	G WIIN F	AIN A	PPROXIMATE DAT	E AND A BRIE	r DESCRIPTI	ON.	
Broken Bones / Dislocat	-									
Surge	eries:									
Work Inju	•									
Auto Accid	ents:									

(Please See Reverse Side)

#### **Meridian Medicine Registration Form**

	HEALTH HISTORY										
Wha	at treatment have you alrea	ady received fo	r you	r condition?							
	Medications	v	Physic	al Therapy	П	Chiroprac	tic 🗆	None	П	Other:	
	ne of doctor(s) who have to				ion:			110110		ounci i	
	( )	,	•		Da	te of Las	τ:				
						Physical Exam:					
For best results, we like to communicate with your Health Care						Spinal A	djustment	:			
Providers. May we send them periodic reports of your progress?											
		Yes		□ No		Spinal X	-Ray/MRI:				
	_			PLE/	ASE CHECK	ALL TH	AT APPL	Y.			
	Alcoholism			Glaucoma			Numbn				Tremors
片	AIDS/HIV		-	Goiter Gout			Osteoa				Tuberculosis
	Allergy Shots Anemia			Headaches			Osteop				Tumors, Growths Typhoid Fever
	Anorexia / Bulimia		H	Hearing Los			Parkins		sease		Ulcers
	Appendicitis		ī	Heart Attac			Pinched				Whooping Cough
	Arthritis		Ī	Hemorrhoid			Pneum				Vision Problems
	Asthma		Ī	Hepatitis			Polio				Fever (prolonged)
	Bed Wetting			Hernia			Prostat	e Proble	em		Mumps
	Bleeding Disorders		Ī	Herniated D	Disc		Prosthe				TMJ (Jaw)
	Bronchitis		Ī	High Blood	Pressure		Psychia	itric Car	e		nen Only:
	Cancer			High Choles			Rheum				Hysterectomy
	Chemical Dependency			Infertility			Rheum	atoid Ar	thritis		Miscarriage
	Chicken Pox			Kidney Dise	ease		Ringing	in Ears	5		Menopause
	Diabetes			Liver Diseas	se		Scarlet	Fever			PMS
	Difficulty Breathing			Low Back P	ain		Sinus I	nfection	IS		Irregular Menses
	Dizziness			Measles			STDs				Cramps
	Emphysema			Migraines			Stroke				Breast Problems
	Epilepsy			Mononucleo			Thyroid	l Proble	ms		Pregnant
	Fatigue			Multiple Scl	erosis						Due Date:
	Frequent Colds										
	MEDICATIONS										
Med	Medications:										
	Medications:										
Allergies (if any):											
Alici	rgies (if any):										
	rgies (if any): mins/Herbs/Mineral/Supple	ements:									
	,	ements:									
	,	ements:		DE	:PSONA		STVI F				
	,	ements:		PE	RSONA	L LIFE	STYLE				
	,	ements:	: Acti			<b>LLIFE</b> ess Level				Н	abits
	mins/Herbs/Mineral/Supple	Work			Stre				Smokina	Н	
Vita	mins/Herbs/Mineral/Supple  Exercise  None	Work	9		Stre	ss Leve			Smoking	H	Packs/day:
Vita	Exercise None 1-2 x week	Work Sitting Stand	ling	vity	Stre  Low  Medi	ess Level			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week	Work Sitting Stand	g ling Labo	vity	Stre Low Medi High	um				Н	Packs/day:
Vita	Exercise None 1-2 x week	Work Sitting Stand	g ling Labo	vity	Stre  Low  Medi	um			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week	Work Sitting Stand	g ling Labo	vity	Stre Low Medi High	um			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None 1-2 x week 3-4 x week 5+ x week e of Exercise:	Work Sitting Stand	g ling Labo	vity	Stre Low Medi High	um			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week e of Exercise:  ing Habits	Work Sitting Stand Light Heave	g ling Labor / Lab	vity	Stre  Low Medi High Caus	um es:			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week e of Exercise: ing Habits the last 24 hours, how many	Work Sitting Stand Light Heave	g ling Labor / Lab	vity	Stre  Low Medi High Caus	um es:			Alcohol	Н	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week e of Exercise: ing Habits the last 24 hours, how me	Work Sitting Stand Light Heave	g ling Labor / Lab	vity	Stre  Low Medi High Caus	um es:			Alcohol	H	Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week e of Exercise: ing Habits the last 24 hours, how many	Work Sitting Stand Light Heave	ling Labor Labor	or s and vegetab	Stre  Low Medi High Caus	um ees:			Alcohol		Packs/day: Drinks/week:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week  e of Exercise:  ing Habits the last 24 hours, how mass this typical?	Work Sitting Stand Light Heave	ling Labor Labor	or s and vegetab	Stre  Low Medi High Caus	um ees:	ned:		Alcohol Coffee/Soda		Packs/day: Drinks/week: Cups/day:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week  e of Exercise:  ing Habits the last 24 hours, how mass this typical?	Work Sitting Stand Light Heave	ling Labor Labor	or s and vegetab	Stre Low Medi High Caus  les have you	um es:	ned:		Alcohol Coffee/Soda		Packs/day: Drinks/week: Cups/day:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week  e of Exercise:  ing Habits the last 24 hours, how many is this typical? Yes everage fast food you eat possible.	Work Sitting Stand Light Heave	ling Labor Labor Labor f fruit	vity  or  s and vegetab	Stre  Low Medi High Caus  Caus  1-2  ASSIC	um es:	ned:		Alcohol Coffee/Soda		Packs/day: Drinks/week: Cups/day:
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week  e of Exercise:  ing Habits  the last 24 hours, how many the las	Work  Sitting Stand Light Heave  Any servings of No er week: ()  I (or my dependent of any insurant of any insurant of any insurant of that a copy of correct to the best of the second	Jabon Labon /	s and vegetab  t) have insurar enefits otherw loctor to releasinsurance card f my knowled	Low Medi High Caus  High Caus  High se payable se all inform dis to be ke ge. I accep	um  es:  u consum  to me fo nation ne ept on file t and ack	r the serv cessary to	ices rero secure	Alcohol Coffee/Soda  3-4  dered. I under benefits. I aus of billing for a	erstand athorize	Packs/day: Drinks/week: Cups/day:  4+  and I authorize direct that I am responsible for all the use of this signature on all
Vita	Exercise  None  1-2 x week  3-4 x week  5+ x week  e of Exercise:  ing Habits  the last 24 hours, how many the las	Work  Sitting Stand Light Heave  Any servings of No er week: ()  I (or my dependent of any insurant of any insurant of any insurant of that a copy of correct to the best of the second	Jabon Labon /	s and vegetab  t) have insurar enefits otherw loctor to releasinsurance card f my knowled	Low Medi High Caus  High Caus  High se payable se all inform dis to be ke ge. I accep	um  es:  u consum  to me fo nation ne ept on file t and ack	r the serv cessary to	ices rero secure	Alcohol Coffee/Soda  3-4  dered. I under benefits. I aus of billing for a	erstand athorize	Packs/day:  Drinks/week:  Cups/day:  4+  and I authorize direct that I am responsible for all the use of this signature on all ces rendered herein. The

MERIDIAN	MEDICINE

#### **Patient History**

Date:		

		PAT	IENT INFORMAT	ION					
LAST NAME:	FIRST NA	AME:	AGE:		RIGHT HANDED	LEFT HANDED			
			HISTORY						
What brings	you in today? Che	ck all that appl	y: 🗌 Back Pain	☐ Neck Pain	☐ Mid Back Pain	Headaches			
☐ Extremity Pain (Foot, Hip, Arm, Leg, Ankle, Wrist, Arm, Shoulder) ☐ Other:									
Of the health	concerns you listed	above, which is	the most importa	nt to you?					
How long has it	been occurring?		In the la	st week, how oft	en has it occurred?				
Besides what you checked above, do you have any other health concerns, even if you don't think chiropractic can help?									
		ACCIDEN	NTS/INJURIES/TF	RAUMAS					
Have you ever	had any car accidents	, slips/falls, sports	injuries? (Even if t	they seem minor	or unrelated to curre	nt concern)			
		PR	RIOR TREATMEN	TS					
	s tried for this concer ns	n: PT 🗌 Ice 🗌	Heat Stretching Other:	Foam Roller	☐ Massage ☐ Icy Ho	t/Pain Patch 🗌			
			GOALS						
What are some	of the things this is li	miting or preventi	ng you from doing:						
What are your l	health goals for the n	ext six months:							
How long have	you been considering	chiropractic care:							
		PAI	N DIAGRAM						
Please draw the location and type of pain on the body diagrams:  Ache MMMMM  MMMMMM  Mumbness OOOOO									
				AX.		14/20 00/4/			
	Pins/Needles 00000		<u>Other</u> xxxx						

#### **Functional Rating Index**

For use with Neck and/or Back Problems

In order to properly assess your condition, we must understand how much your <u>neck and/or back problems</u> have affected your ability to manage everyday activities. For each item, please **circle** the number which most closely describes your condition right now.

2. Sleeping					7.	Frequency	y of pain			
	1	2	3	4			·1	2	3	4
Perfect	Mildly	Moderately	Greatly	Totally		No	Occasional	Intermittent	Frequent	Constant
sleep	disturbed	disturbed	disturbed	disturbed		pain	pain; 25%	pain; 50%	pain; 75%	pain; 100%
•	sleep	sleep	sleep	sleep		•	of the day	of the day	of the day	of the day
3. Personal C	Care (washing	, dressing, etc	e.)		8	Lifting				
0	1	2	3	4		0	1	2	3	4
No	Mild	Moderate	Moderate	Severe		No	Increased	Increased	Increased	Increased
pain;	pain;	pain; need	pain; need	pain; need		pain with	pain with	pain with	pain with	pain with
no	no	to go slowly	some	100%		heavy	•	moderate	light	any
restrictions	restrictions		assistance	assistance		weight	weight	weight	weight	weight
4. Travel (dr	iving, etc.)				9.	Walking				
		2	3	4		0	1	2	3	4
No	Mild	Moderate	Moderate	Severe		No pain;	Increased	Increased	Increased	Increased
pain on	pain on	pain on	pain on	pain on		any	pain after	pain after	pain after	pain with
long trips	long trips	long trips	short trips	short trips		distance	1 mile	½ mile	1/4 mile	all walking
5. Work					10	. Standing				
0	1	2	3	4		0	1	2	3	4
Can do	Can do	Can do	Can do	Cannot		No pain	Increased	Increased	Increased	Increased
usual work	usual work	50% of	25% of	work		after	pain	pain	pain	pain with
plus unlimite		usual	usual			several	after several		after	any
extra work	work	work	work			hours	hours	1 hour	½ hour	standing
	Sign	nature:				Date	:		_	

### Meridian Medical Notice of Privacy Practices

#### <u>ACKNOWLEDGEMENT</u>

Our <i>Notice of Privacy Practices</i> describes in remay be used and disclosed, and how you can act of our <i>Notice of Privacy Practices</i> can be obtained.	cess your information. An additional copy
By my signature below I acknowledge having be Meridian Medical's <i>Notice of Privacy Practices</i>	
Patient/Legally Authorized Signature	Date

Printed Name

## Meridian Medical Informed Consent for Chiropractic Adjustments

Chiropractic treatment consists of manipulations of joints and soft tissues, using the hand and/or a mechanical instrument. You may feel joint movement, and you may hear joint clicks or other noises. Some patients will feel some stiffness and soreness following the first few days of treatment, these are normal and not a cause for concern. There are different techniques used in chiropractic spinal adjustments. There are also alternatives to chiropractic care, including but not limited to: Physical therapy, massage therapy, osteopathic manipulations, and medical care. There are also material risks inherent in the above listed alternatives, which should be discussed between you and the specialty care provider. You also have the option of not seeking any care. The risk of remaining untreated allows the formation of adhesions and reduces mobility, which sets up a pain reaction further reducing mobility. I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are certain risks which may arise during the exam and treatment. Those complications include: strokes or stroke-like conditions, Horner's syndrome, diaphragmatic paralysis, cervical myelopathy, pathological fracture, cervical disc protrusions, cervical dislocations, costovertebral strains, rib fractures, costochondral separations, compression of the cauda equina. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, and is in my best interest. The risks of massage are bruising, local tenderness, and the release of toxins in the body. I have read or have had read to me the above explanation of the nature and purpose of chiropractic adjustments, other alternatives/procedures for care, massage, and possible risks. I have also had the opportunity to ask guestions about its content and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks involved in undergoing treatment and have, myself, decided that it is in my best interest to undergo the treatment recommended, and listed below. Having been informed of the risks, I hereby request and consent to the performance of chiropractic adjustments, other chiropractic procedures, and diagnostic xrays-if warranted, massage, and the use of natural substances such as vitamins, minerals, or other natural substances on me or on the patient named below, for whom I am legally responsible, by the doctor of chiropractic named below and/or licensed doctors of chiropractic who now or in the future treat me while employed by, working or associated with or servicing as backup for the doctor of chiropractic named below, including those working at the clinic or office listed below or any other office or clinic. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

	_	
Patient/Legally Authorized Signature	Date	
Printed Name	_	